

# First Aid Supplies

Ailment	SolutionA	SolutionB	Other Supplies
Allergic Reactions	Apis 200	Apis 1M	2 Bottles of Water
Anxiety	Ignatia 200	Coffea 200	5 Lara Bars
Bites/Stings	Ledum 200		Arnica Gel
Broken Bone	Arnica 1M	Arnica 10M	Band Aids/Bandages
Bump/Bruise	Arnica 200		Batteries
Burns/Blisters	Cantharis 200		Bentonite Clay
Cantankerous	Chamomilla 200		BP Cuff
Cramps	Mag Phos 6x		Calendula Ointment/Spray
Death Remedy	Carbo Veg 200		Chop Sticks
Diarrhea	Veratrum Album 30		Coffea 200
Eye Injury	Aconite 200		Drawing Salve
Fall	Arnica 1M		Emesis Bags
Gash	Hypericum 200		Eye Wash Solution
Head Injury	Cuprum Met 6		Flash Light
Near Drowning	Antimonium Tart 30		Gauze Wrap
Nose Bleed (after injury)	Phosphorus 200		Homeopathic Eye Solution
Overheating	Glonoinum 30		Ignatia 200
Pain	Belladonna 3		Instant Glucose Tubes
Puncture Wound	Ledum 200	Ledum 1M	Nitrile Exam Gloves
Scrape/Cut	Calendula Ointment		Quick Clot Cloth
Snake Bite	<i>Cedron 200</i>	Lachesis 200	Ramekin
Splinters	Tweezers	Drawing Salve	Rubber Bands
Sprain	Symphytum 200		Safety Pins
Sudden Trauma/Shock	Aconite 200	Aconite 1M	Safety Whistle
Tummy Ache	Nux Vomica 200		Sharpie
Uncontrolled bleeding	Phosphorus 200/Arnica 200	Clotting Cloth	Sterile Cotton Swabs
Vomiting	Arsenicum 200		Sterile Storage Bags
			Tourniquet
			Trauma Shears
			Tweezers
			Wash Cloth
			Water Wipes
			Wrapping/Ace Bandage
©2018 Beyond This Desert			Ziploc Bag